

## Instructions for Making Sacrifice Beads

video instructions can be found at [catholiclifeconference.org/childrens-pilgrimage](http://catholiclifeconference.org/childrens-pilgrimage), under Destination 3

*“Without love, deeds - even the most brilliant, count as nothing.”*  
— St. Therese of Lisieux

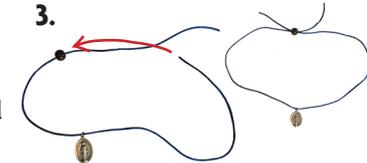
**Step 1.** Put the miraculous medal on the string and pull it to the middle.



**Step 2.** Take your first bead and pull the cord through the bead. Pull both pieces of cord in opposite directions until the bead is tight against the medal. Then tug at the cords until they are both the same length when placed beside each other.



**Step 3.** Take the other end of the cord and pull it through the same bead but in the opposite side so that the string makes an X inside the bead.



**Step 4.** Pick up your next bead and again form an X with the string through the bead. Pull both cords in opposite directions until the beads are tight against each other. Repeat this step until you have 10 beads in total.



**Step 5.** Leave some space and tie a knot by wrapping the cord around your finger.



**Step 6.** Take your last bead and string both pieces of cord through the same side of the bead.



**Step 7.** Take your crucifix and string both pieces of cord through the same side of it. Tie a knot, if possible do a double knot so that the knot ends up touching the knot you made in Step 6.

**Step 8.** Use your sacrifice beads. If you choose to cut off any excess cord, burn the end to prevent it from fraying. (adult supervision required)



## Instructions for Making your own Monstrance

video instructions can be found at [catholiclifeconference.org/childrens-pilgrimage](http://catholiclifeconference.org/childrens-pilgrimage), under Destination 4

**Step 1.** Paint the back side (“bumpy” side) of the cardboard circle with the gold paint. Set aside to dry.

**Step 2.** Paint the wooden candlestick gold. Set aside to dry.

**Step 3.** Paint the front side of the cardboard circle gold.

**Step 4.** Draw a simple cross with a crayon or marker on one side of the white wooden circle.

**Step 5.** When your cardboard circle has dried, insert one pipecleaner into each hole. Working from the front side of the circle, insert the pipe cleaner about one inch and then bend and pinch the two sides together.

**Step 6.** Using the glue stick, cover the back side of the white circle (side without the cross) with glue.

**Step 7.** Attach the white circle to the center of the cardboard circle.

**Step 8.** You will see a gap between the pipe cleaners. This is where the candlestick will be attached. Insert the pipe cleaner ends of the candlestick into the space between the two layers of cardboard.

**Step 9.** Display your finished monstrance in a special place to remind yourself of the True Presence of Jesus in the Eucharist!

